

Report on

# Odisha State Level Consultation Meeting “National Survey on Extent and Pattern of Substance Use in India”

Date:  
17th August 2017

Venue: Conference Hall  
NISWASS, Bhubaneswar

Organised by :



Department of SS & EPWD  
Govt. of Odisha

Regional Resource and Training Centre (RRTC)  
[For Prevention of Alcoholism and Substance (Drugs) Abuse]  
East Zone III, Odisha Region



ASSOCIATION FOR VOLUNTARY ACTION

## Introduction:

The epidemic of substance abuse in young generation has assumed alarming dimensions in India. After a gap of fourteen years since it last checked the trend of drug abuse in the country, the centre is now all set to conduct an Advanced Survey on the extent, pattern and trend of drug abuse among the citizens. This National Survey aims at to provide national and state level estimates of proportion and absolute number of people who use various substances and people who are suffering from substance use disorders. And the second objective is to map the presence of services and interventions for drug dependant individuals and identify the gaps in service delivery. In this State level Consultation meeting Dr. Niten Chandra, IAS, Principal Secretary, preside the over meeting along with Ms. Mansi Nimbhal, IAS, Director, and Nodal Officer Mr. Kailash Ch. Sahoo of Department of Social Security and Empowerment of the Persons with Disability, Odisha. The other department dignitary are Addl. Director Police, Additional Secretary from Health & FW, W & CD, Sports and Youth, HoDs from Department of Psychiatry, SCB Medical Collage, SUM Hospital and Hi Tech Hospital, Joint Director Mental Health, Superintend NCB, Odisha, CDMOs and DSSO of 7 survey districts, President HOPE Foundation (Ex Drug Users CBO) are present in the meeting. We seek their immense presence in this meeting as this National Survey will not be possible without the concern and support of the concern district administrative.

## Address Note-

Mr. Kailash Sahoo, (Nodal officer) Dy, Sectary, SSEPD, Govt of Odisha was given the welcome address of the meeting. The Ministry of Social Justice and Empowerment is going to conduct the first National Survey on Extent and Pattern of Substance (Drugs) abuse in India through the National Drug Dependence Treatment Centre (NDDTC) and AIIMS, New Delhi. This National Survey aims at to provide national and state level estimates of proportion and absolute number of people who use various substances and people who are suffering from substance use disorders. This survey will be carried out in about 25% of the districts in each state. The survey would be conducted in the districts of such as Balasore, Cuttack, Kalahandi, Khurda, Malkangiri, Nayagarh and Sundargarh. In order to successfully complete the Survey as scheduled, the cooperation and participation of all the districts come in this field is very essential.



Mr. Kailash Ch. Sahoo, Dy. Secretary cum Nodal Officer





Ms. Mansi Nimbhal, IAS, Director,SSEPD

Dr. Niten Chandra, IAS, Principal Secretary, SSEPD

## Objective of RRTC and National Survey:

The Nodal Officer of the National Survey requested Mr. Sudhir Chandra Dash, president of Association for Voluntary Action to address the problems of substance abuse disorder in India. “Survey on Extent and pattern of Substance Use in India” as a novel responsibility given by Ministry of Social Justice and Empowerment, New Delhi, to Regional Resource and Training Centre, East Zone-iii, Odisha, run by Association for Voluntary Action, Bhubaneswar. He raised his voices to the demand reduction systems of the state. He mostly started his points with the problems of drug addiction and substance abuse in India and which has been become an epidemic in Odisha too. In this respect he threw light to the government initiative which has been taken for the eradication of the problem in our state. In all over the country a number of IRCAs are running by Ministry of Social Justice and Empowerment, New Delhi with collaboration with National Institute for Social Defence, New Delhi. Particularly if we are talking about the condition of Odisha, it is as precarious as the condition of whole state. In this respect Government established RRTC to monitor the IRCAs in state.

Now the purpose of our gathering due to the National Survey on the extent and pattern of substance use in India, which is going to conducted by all RRTC on Alcoholism and substance abuse prevention. For Odisha and Chhattisgarh state RRTC, Bhubaneswar, run by Association for Voluntary Action, is given the responsibility to conduct the National Survey and monitoring it. As this is one of the survey leads national importance and priorities we seek the helping hand cooperation of all the line department designed to be the inevitable part of the survey and cooperation from the seven district of Odisha; Balasore, Cuttack, Kalahandi, Khurda, Malkangiri, Nayagarh and Sundargarh in Odisha.



Mr. Sudhir Ch. Das, President, AVA







Mr. Sriharsha Mohanty, Technical Expert



## Overview of National Survey-

Mr. Sriharsha Mohanty, Technical Advisor delivered his speech on the National Survey. He covered the purposed methodology and strategy designed for the National Survey. He delivered a presentation before the dice for an overview on the Survey. He gave an introductory speech on the idea of National Survey. As per the designed scheduled on National Survey he just pointed out the methodology. The methodological approaches that shall be employed in this survey are general population household Survey, Respondent Driven Sampling and focused thematic studies. He casted a proposed pre-designed picture of the Survey and its methods. He presented the methodology and methods we are going to use in this Survey to collect our data. In his methodology he mostly added representatives from ground root level, such as Anganwadi Workers, Village level Health Workers, Social Workers, Volunteers work in this concern field. According to him a chain system should be more helpful in our survey. As people consider it a sensitive issue, so it will be difficult to get respondent. Therefore at first with the help of district administration, we concern to our Integrated Rehabilitation Centre for Addicts (IRCAs) and drug abuse treatment and prevention centers in the respective Districts. Whereas the District Level consultation meeting is going to be held in the second round. At the end of his deliver, he seeks the cooperation and support of all lines department and district administration, DSSO, CDMO, and personnel who would be part of the process.

## Open Discussions-



Dr. Niten Chandra, IAS, Principal Secretary, SSEPD



Ms. Mansi Nimbal, IAS, Director, SSEPD



Before the beginning of the open discussions Ms. Mansi Nimbhal, IAS, Director of Department of Social Security and persons with Disability, Odisha asked introduction of all persons on the Dice. Then the, Mr. Niten Chandra, IAS, Principal Secretary, Department of Social Security and Empowerment of the Persons with Disability, Odisha, requested all the personnel to ask their doubts regarding the Survey and give valuable suggestions.

Dr. Prameela Baral, Joint Director of Health, Odisha asked her question on the subject matter of the Survey. Her question was, do we cover the indigenous drugs and its use pattern in this National Survey or only it focuses on the contemporary drugs and its pattern? Principal Secretary Answer to her question that, as in Odisha there are various types of indigenous and traditional substance (Drugs) abuse pattern we should focus on those grounds too. Dr. Suvendu Mishra, Assistant Professor, Department of Psychiatric, SUM Hospital, Bhubaneswar, was requested to addresses the psychological problems of relapses which lead to the problems of relapses. Some asked to him that we use medicines for physiological treatment and what we need to use for the psychological problems relating to the substance use disorder? Mostly the CDMOs pointed on the relapse problems and its preventions. Then Dr. Prameela Baral suggested we could link the survey with psychological counseling.



Dr. Prameela Baral, Joint Director of Health



ADMO (PH) Malkanagiri



Dr. Suvendu Narayan Mishra, Sum Hospital



Dr. K. Sarkar



Dr. Niten Chandra, IAS, Principal Secretary



Mr. Bikash Rout, President, Hope Foundation

Dr. Niten Chandra, IAS, Principal Secretary, Department of SSEPD, Odisha, said the survey would be the biggest bridge between the gaps behind schemes and the services provided. In this regard somehow we need to understand the pure medical methods and non-pure medical methods. Here we all as part of our society not only focus on the person to whom we treat but also make the person capable of help others to live a substance addiction free life. Mr. Bikash Rout, President, Hope Foundation, added his view in this concern that medicines play a vital role in addiction treatment. This medicines use for substitute of withdrawal symptoms. The support system after treatment is very important. He addressed about the Alcoholic Anonymous and Narcotic Anonymous Meeting work as fellowship to the treatment of Drug or Substance Abuse. In the Khurda districts their foundations three drug addicted treatment centers. They will provide us a helping hand in our novel purpose; National Survey.



Dr. Nilamadhav Rath, Director, MHI, Cuttack



Mr. Vikash Kumar, NCB, Odisha

Dr. Nelamadhav Rath, Director, MHI, Cuttack, added that Drugs Addiction is one of the indicators of social breakdown as well as personal breakdown. The most important psychological impacts on human psychology will be through the involvement of his family members. According to his experiences if a person will see his children and wife for five minutes looking into their eyes it would put great effects on his psychology. Mr. Vikash Kumar, Superintendent of Narcotics Control Bureau, shared his ideas and experiences on illicit trafficking of drugs and how it badly impacted on the increasing numbers of drug abusers in India. As per the geographical diversity of our country, the trafficking pattern of drugs is different.



India is the third largest producer of chemical in the world. Dr. Prameela added that we should add college and university going students in our samplings and Principal Secretary agreed with this view. Mr. Niten Chandra, IAS, Principal Secretary, said about the importance of a district level consultative meeting in this regard before going to conduct the survey. In this regard Mr. Sudhir Chandra Dash, President of Association for Voluntary Action, lighted the strategies made by RRTC, East Zone-iii, Odisha, for a successful completion of the National Survey in this two States; Odisha and Chhattisgarh.

At last vote of thanks was delivered by The Director, Mansi Nimbhal, IAS, Department of SSEPD, Odisha. She conveyed her gratitude to all the personnel for their novel presence in this consultative meeting. As it is a good start we all should feel proud being a part of this process which will immensely help in our country's policy making and design of new schemes regarding the Drug Abuse Prevention and Treatment in India. In the meeting it has been decided that the following points to be support by the different department.



Ms. Mansi Nimbhal, IAS, Director,SSEPD

- 1- Letter from Principle Secretary, SSEPD to concern district Collectors for support the survey activity and holding the districts level meeting.
- 2- Support from the concern districts police and administration for smooth functioning of the survey.
- 3- All concern CDMOs and DSSOs will support the National Survey for mapping of the house hold survey.
- 4- Support from concern IRCAs and Govt. treatment centre for Respondent Drivel Sampling (RDS).



# PHOTO GALLERY



# **Regional Resource and Training Centre (RRTC)**

[For Prevention of Alcoholism and Substance (Drugs) Abuse]

## **East Zone III, Odisha Region**

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